

## FROM THE GRILL

All served with hash browns.

or

Substitute a cup of fresh fruit for 2

**Light Breakfast** - One egg any style with one piece of bacon or ham or sausage & one piece of toast. 8

**Basic** - Two eggs any style with toast. 9

**Canadian Breakfast** - Two eggs any style with your choice of three pieces of bacon or ham or sausage & toast. 13

**Ultimate Canadian Breakfast** - Three eggs any style, two pieces of bacon, 2 pieces of sausage & toast. 15

**Breakfast Burrito** - Two scrambled eggs, bacon, ham, chorizo sausage, peppers, onions & mixed cheese in a wrap with salsa & sour cream on the side. 14

**Veggie Burrito** - Two scrambled eggs, cheese, onions, peppers, mushrooms & spinach in a wrap with salsa & sour cream on the side. 13

**Lumber Jack** - Two eggs any style with two bacon & two sausage & two pancakes. 15

**Breakfast Bagel** - One egg, cheddar, lettuce, tomato & chipotle mayo. Choice of bacon or ham or sausage. 12

**Salmon Lox & Bagel** - Lox, red onion, lettuce, tomato, capers, & cream cheese served on a toasted bagel. 14

All  
Breakfast  
Entrées Served  
with Hash  
Browns  
!

## OMELETS

All omelets are made with three free range eggs and served with toast.

Includes hash browns

or

substitute a cup of fresh fruit 2

**Meat Lovers** - Bacon, ham, chorizo sausage, peppers, onions & mixed cheese. 15

**Ham & Swiss** - Classic black forest ham & Swiss cheese. 13

**Veggie** - Spinach, peppers, onions, tomatoes, mushrooms & goat cheese. 13

**Neptune** - Salmon lox, baby shrimp, spinach, onions & goat cheese. 15

## SKILLETS

All skilletts are served with two free range eggs any style & toast & hash browns.

**Southern Skillet** - Bacon, ham, breakfast sausage, peppers, onions baked with mixed cheese. 15

**Seafood Skillet** - Salmon lox, baby shrimp, spinach, onions baked with goat cheese. 16

**Veggie Skillet** - Spinach, onions, mushrooms, peppers, tomatoes baked with goat cheese. 13

## BENEDICTS

All benedicts are served on an English muffin & come with hash browns.

Substitute a cup of fresh fruit for 2

**Classic** - Two poached eggs with black forest ham, topped with hollandaise. 12

**Blackstone** - Two poached eggs with crispy bacon, grilled tomatoes, topped with hollandaise. 13

**Salmon Lox** - Two poached eggs with salmon lox topped with hollandaise & toasted capers. 14

**Florentine** - Two poached eggs with spinach, red onions, goat cheese, basil, topped with hollandaise. 12

**Pacific** - Two poached eggs on house made crab cakes topped with hollandaise & toasted capers. 16

**California** - Two poached eggs with bacon, grilled tomatoes, avocado & chipotle mayo, topped with hollandaise. 14

## SWEETS & BAKED GOODS

Add Strawberry or blueberry compote 2

### Buttermilk Pancakes

Served with syrup

One 5 Two 7 Three 9

**French Toast** - Thick slices of cinnamon battered French toast served with syrup.

One 5 Two 7 Three 9

**Belgian Waffle** - Served with your choice of three pieces bacon or ham or sausage & served with whipped cream & choice of strawberry or blueberry compote. 12

## BEVERAGES

Iced tea / Pop	3.5	Coffee	3.5
Hot chocolate	3.5	Tetley tea	3.5
Mighty Leaf Teas	4	Milk	3.5
Juice Sm.	3.25	Lg.	4
Apple, Grapefruit, Cranberry, Pineapple, Tomato, Orange			

## A LITTLE EXTRA

Bacon or sausage or ham - 3 pieces 5  
Bagel with cream cheese 5  
Cold Cereal 5  
Hot oatmeal Small 4 Large 6  
Add almonds or raisins 2

Toast - multi-grain, sourdough, rye 4

English Muffin 4

Fresh fruit Cup 6 Bowl 8

Muffin 4

Half Avocado 3

Cottage Cheese 4

Yogurt 4

**JAMES BAY INN**  
PUB & RESTAURANT